



How to Apply for Long Term Disability (LTD) Benefits with Great-West Life

If your absence on sick leave is prolonged, and if you do have LTD coverage, it will be necessary for you to submit an application for LTD benefits at least 6 weeks before your sick leave runs out.

For information about your sick leave entitlement, please consult your collective agreement or your employee booklet. You may also want to speak to your manager or your union representative.

1. Review the enclosed **Employee Statement Guide** and complete the:
 - **Employee Statement including banking information.**
 - **Your consent form with your signature** which allows the City to release relevant medical information from your City of Ottawa Employee Health and Wellness file and personal information required on the **Employer Statement**. It also permits information exchange between Great-West Life and the City of Ottawa for purposes of rehabilitation and return-to-work planning. Send these completed forms to Great-West Life to get your application for LTD started.
2. Have your physician complete the **Attending Physician's Statement** including your illness category as shown in the black oval circle at the **top right side of the form**. If your illness does not fall under one of the specific categories, use the one marked "**Other Conditions**". To avoid delays, ask your physician to include the clinical notes, test results, and if available, consult reports from specialists that were obtained during the illness for which you are applying for LTD benefits.
3. Fax, mail or email all completed documents to Great-West Life:
 - Fax to 1 844 569-3133
 - Email a scanned copy of the completed and signed form to ottawa.dms@greatwestlife.com
Note: sending your form by email is not a secure medium at this time.
 - Mail to: The Great-West Life Assurance Company
Disability Management Services Office
Suite 302
1600 Scott Street
Ottawa ON K1Y 4N7
4. Keep a copy of all documents for your reference.
5. Once this information is received by Great-West Life, a case manager will contact you to discuss your claim.
6. Should you have any questions pertaining to your disability claim, please call the Great-West Life - Disability Management Services Office at 613 761-3940 / 1 800 283-5375.

OMERS Disability Waiver of Contributions enables you to earn credited service, if approved, without making pension contributions during a period of disability. The OMERS WAIVER application will be sent to you within the next six months directly from OMERS. You must submit a copy of the Great-West Life **Attending Physician's Statement** to apply for an OMERS waiver. If you have any questions about this benefit, please call Pension & Benefits at 613 580-2424 ext 47411.

Facts about LTD Benefits:

LTD benefits are administered by Great-West Life on behalf of the City of Ottawa. Once your claim is approved:

- ✓ LTD benefits are paid once a month, on the last working day of the month.
- ✓ Your monthly benefit is based on 75% of your salary on your last day of work (67% for Para Transpo employees).

- ✓ If your LTD claim is approved, you will not be required to pay the following: OMERS contributions (if waiver approved), union dues, CPP (QPP), EI, health, dental and basic life benefit premiums. The City will cover these expenses on your behalf.
- ✓ Your LTD benefit may be reduced if you receive paid disability/sick leave benefits from other sources such as Canada Pension Plan, Workplace Safety and Insurance Board (WSIB), Employment Insurance, City of Ottawa etc.
- ✓ As per your group contract, a seventeen (17) week waiting period of disability (illness) is required prior to being eligible for LTD benefits.
- ✓ OPFFA members must deplete all accrued sick leave before LTD benefits may become payable.
- ✓ Curbside Waste employees also need to undergo a 17 week waiting period. During this time, if sick leave benefits are not available, employees can apply for Employment Insurance (EI) Sick Benefits.

If your sick leave runs out and you have not received a decision from Great-West Life about your LTD claim, you will be placed on a “LTD pending status” with the City for a period of up to 3 months. Your City of Ottawa employee benefits (health, dental and basic life) will continue to be covered at no cost to you for this period. For additional income, you may:

- Contact your manager to request a “**cash-out**” of your earned vacation leave. The cash-out of your vacation will not reduce your LTD benefits should your claim be approved.
- Apply for **Employment Insurance (EI) Sick Benefits**. A **Record of Employment (ROE)** will be sent to Service Canada by the City’s Payroll Branch. Should you have any questions about your ROE, you can call the “payroll information line” at 613 580-2424 ext 28484.

If your absence is related to a recognized **critical illness or an accidental injury** resulting in a loss or use of a limb, sight, speech or hearing, and you have coverage, call Pension and Benefits at **613 580-2424 ext 47411** to discuss your entitlement to a claim. To review the definition of “**Loss**” please refer to your Benefits Booklet under the Accidental Death and Dismemberment Insurance Plan.

The City’s Employee Assistance Program (EAP) offers confidential assistance with any type of problem that can affect your work or personal life including; marital, family, emotional, psychological, work-related problems and addictions. **You can contact the EAP Line at (613) 580-2424 ext. 23816 for more information.** Note: all conversations are confidential except when there is a threat of violence to oneself or others.

If you have any questions, please call the HR service centre at 613 580-2424 ext 47411. You will be provided with the telephone number of the appropriate Disability Management Consultant.

Please use the steps in this guide to help you apply for disability benefits.

Your group plan has a notice of disability claim period. This means you must notify Great-West Life of your disability as early as possible. To notify Great-West Life of your disability, you can fax or mail your employee statement, consent form, and any other information you want to provide about your claim to the Great-West Life Disability Services Office assigned to your claim. Fax numbers and addresses of all Great-West Life Disability Services Offices are on our website or you can contact your plan administrator for this information.

STEP ONE - EMPLOYEE STATEMENT AND CONSENT FORM

Complete the employee statement and consent form if you are applying for either Short or Long Term Disability benefits or Early Referral Services.

The employee statement asks general information about you and your condition and provides Great-West Life with notice of your disability.

A consent form is included with your employee statement. Your signature on the consent form is necessary to give us permission to obtain additional information from your employer, other insurers, your doctor, hospitals, or other care providers to help us review your claim.

STEP TWO - MEDICAL INFORMATION

Your doctor will need to provide us with medical information about how your condition(s) prevents you from working. Print the medical questionnaire form applicable to your condition and have your doctor complete it. Your doctor can fax or mail the completed form to Great-West Life directly.

You can choose the other conditions form if your condition is not a specific diagnosis listed or you can choose the "print all" button if you are unsure which form to bring to your doctor.

EMPLOYER STATEMENT

Your employer will send an Employer Statement to Great-West Life on your behalf. This statement confirms your coverage, job information, monthly earnings and other information necessary to assess your disability claim.

If your plan administrator has not provided the employer statement when we receive your employee statement, we will contact your employer directly for this information.

OUR RESPONSIBILITY

We will review your disability claim when we receive your employee statement in the Disability Management Services Office. At that time, a Great-West Life representative might contact you for more information and let you know what you can expect throughout the claim process.

To begin the claim submission process, you must complete the Employee Statement and the consent form. Please have your doctor complete a physician's statement. These forms should be submitted within ten days of the onset of your disability or, if applying for Long Term Disability or a Life Waiver of Premium benefit, no later than eight weeks before the end of the waiting period. **Benefits may be denied if these forms are submitted later than the notice period in your group contract.**

Your Employer's Name: _____

Your Plan Number: _____ Your Great-West Life ID Number: _____

The information you provide on this form must be true and complete.

YOUR INFORMATION

Mr. Ms. Mrs. First Name: _____ Middle Initial: _____ Last Name: _____

Date of Birth: _____ Social Insurance Number: _____ *Your Social Insurance Number is required as your disability benefit may be subject to income tax deductions.*

Home Address: _____

City / Town: _____ Province / Territory: _____ Postal Code: _____

Is your mailing address the same as above? Yes No If no, please provide mailing address.

Mailing Address: _____

City / Town: _____ Province / Territory: _____ Postal Code: _____

Location where you work: City / Town: _____ Province / Territory: _____

Home Phone: _____ Confidential *Check the Confidential box if you wish us to leave a detailed message with personal information about your claim at that number. Otherwise, we will only leave a personal message with callback information at that number.*

Cell Phone: _____ Confidential

Work Phone: _____ Ext: _____ Confidential

Email Address: _____ *Enter your email address if you would like Great-West Life to communicate with you by secure email about your disability claim.*

CLAIM INFORMATION

Your last day of work: _____ (mm/dd/yy) Your first day unable to work: _____ (mm/dd/yy)

Have you returned to work? Yes When did you return to work? _____

Have you returned to (select all that apply): Regular duties and hours Modified duties Modified hours

No When do you expect to return to work: _____ **OR** Unknown **OR** I'm not planning to return

During your absence, have you performed any other work? No Yes

What is the nature of the medical condition preventing you from working?

Is your condition work-related? No Yes

Is your condition the result of an accident? No Yes

When did the accident occur? _____ (mm/dd/yy)

How did the accident occur?

Was the accident a motor vehicle accident? No Yes

In what province did your accident occur? _____

Your consent

Before we can process your claim and pay benefits, you must read this agreement and sign in the *Employee signature* box below.



Sharing your personal information

We collect, use and disclose your personal information so we can:

- investigate and assess your claim
- administer your claim and the group benefits plan
- work out a rehabilitation plan to get you back to work
- audit the assessment of the claim.

We may also use your social insurance number for income tax reporting and as an identification number if this is required in the administration of your benefits.

We may collect and exchange your personal information with these persons or groups when relevant and necessary

- Healthcare and rehabilitation providers
- Insurance and reinsurance companies
- Administrators of the plan, of government benefits and of other benefit programs
- Service providers and other organizations working with us (both inside and outside Canada)
- Your employer, plan sponsor and plan administrator, for the purpose of discussing return to work planning
- Your employer's occupational health services and union representative
- An auditor authorized by us, your employer, plan sponsor or their agent



Protecting your privacy


We take your privacy seriously. We keep all your personal information in a confidential file in our offices, or the offices of an organization we've authorized. The only persons with access to the information are those:

- working at Great-West Life and those we've authorized, who need the information to do their jobs and manage your claim
- to whom you've given access
- authorized by law and our service providers, both inside and outside Canada.

For a copy of our Privacy Guidelines see greatwestlife.com or you can write to Great-West Life's Chief Compliance Officer.

By signing below, you confirm that:

- You have read, understand and agree with the contents of this form and authorize us to collect and use your personal information
- Except for audit purposes, your authorization is valid for the duration of your claim or until you cancel it in writing.
- All statements you have made about your claim are true and complete
- A photocopy or electronic copy of this authorization is as valid as the original.

Your group plan number	Print your name	Date (mm/dd/yyyy)
Your Great-West ID number	Your signature 	Telephone number

TO ALLOW US TO MAKE AN ASSESSMENT OF YOUR PATIENT'S CLAIM, PLEASE ANSWER **ALL** OF THE QUESTIONS IN **FULL**.

Instructions:

1. Please **PRINT**.
2. Part 1 to be completed by patient.
3. Part 2 to be completed by physician.
4. Any charge for completion of this form is the patient's responsibility.

PLAN NO. _____

Part 1: Patient Authorization

Name (please print): _____ Date of birth: Year _____ Month _____ Day _____

Address: Street & Number _____

City _____ Province _____ Postal Code _____

Telephone Number (including area code): (_____) _____

I authorize my healthcare or rehabilitation provider to disclose my personal information, including my medical and health information and including consultation reports, to Great-West Life for the purpose of investigating and assessing my claim(s), administering coverage(s) that I may have with Great-West Life and administering the group benefits plan.

I acknowledge that the personal information is needed by Great-West Life for the purposes stated above. I acknowledge that my consent enables Great-West Life to process my claim(s) and refusing to consent may result in delay or denial of my claim(s).

This consent may be revoked by me at any time by sending a written instruction.

I confirm that a photocopy or electronic copy of this authorization shall be as valid as the original.

Patient's Signature _____ Date _____

Part 2: Attending Physician's Statement

1. **Diagnosis** (including any complications). **Please attach a copy of all consultation, operative and pathology reports.**

Date of cancer diagnosis: Year _____ Month _____ Day _____

Site of the tumor: _____

Type of tumor: _____

Histology and staging: _____

2. **History**

Date symptoms first appeared: Year _____ Month _____ Day _____

Has patient ever had the same or similar condition? Yes No

If yes, please specify diagnosis and dates of treatment. _____

Describe current symptoms: _____

First visit for these symptoms: Year _____ Month _____ Day _____

3. Current Height: _____ Current Weight: _____ Weight loss/gain to date: _____

4. In your opinion, when did the patient's condition first prevent him/her from working?

Year _____ Month _____ Day _____

5. **Treatment**

Date of first visit: Year _____ Month _____ Day _____

Date of latest visit: Year _____ Month _____ Day _____

Frequency of visits: Weekly Monthly Other

If other, please specify _____

Treatment: Include information on all treatments to date and future treatment plan, inclusive of:

Surgery: _____

Radiation: _____

Hormones: _____

Chemotherapy: _____

6. **Hospitalization** (if applicable for this illness or injury)

Date of in-patient admission: Year _____ Month _____ Day _____

Date of discharge: Year _____ Month _____ Day _____

Date of out-patient treatment: Year _____ Month _____ Day _____

Name of hospital: _____

7. Describe response to therapies to date: N/A partial Complete

Describe all comorbid conditions: _____

Describe any "post therapy" sequelae: _____

Prognosis: _____

8. Is the condition due to injury or sickness arising out of the patient's employment? Yes No

If yes, has your office filed a claim for this condition with the Workers' Compensation Board on behalf of your patient? Yes No

9. Please indicate your patient's current physical abilities:

Sedentary Duties: require mainly sitting, occasional walking and standing, and possible lifting of 5 kg or less.

Light Duties: require frequent handling of loads of up to 5 kg, sometimes up to 11 kg, may require frequent walking or standing, or sitting with a degree of pushing and pulling of arm and/or leg controls.

Medium Duties: require frequent handling of loads up to 11 kg, sometimes up to 23 kg. Frequent lifting, carrying, pushing and pulling may also be required.

Heavy Duties: require frequent handling of loads up to 23 kg, sometimes up to 45 kg.

In your opinion, what is the earliest date your patient will be able to return to work?

Year _____ Month _____ Day _____

If the previous job could be modified, when could rehabilitation employment commence?

Year _____ Month _____ Day _____

10. Please provide the names of other physicians who have been/will be involved in assessing the medical problems; **and copies of any available consultation reports.**

11. We would appreciate any additional comments that would help us to better understand your patient and his or her condition.

Name of Physician (please print) _____

Specialty _____

Telephone: _____ Fax: _____

Email Address: _____

Address (number, street, city, province & postal code):

Physician's signature _____ Date _____

TO ALLOW US TO MAKE AN ASSESSMENT OF YOUR PATIENT'S CLAIM, PLEASE ANSWER **ALL** OF THE QUESTIONS IN **FULL**.

Instructions:

1. Please **PRINT**.
2. Part 1 to be completed by patient.
3. Part 2 to be completed by physician.
4. Any charge for completion of this form is the patient's responsibility.

PLAN NO. _____

Part 1: Patient Authorization

Name (please print): _____ Date of birth: Year _____ Month _____ Day _____

Address: Street & Number _____

City _____ Province _____ Postal Code _____

Telephone Number (including area code): (_____) _____

I authorize my healthcare or rehabilitation provider to disclose my personal information, including my medical and health information and including consultation reports, to Great-West Life for the purpose of investigating and assessing my claim(s), administering coverage(s) that I may have with Great-West Life and administering the group benefits plan.

I acknowledge that the personal information is needed by Great-West Life for the purposes stated above. I acknowledge that my consent enables Great-West Life to process my claim(s) and refusing to consent may result in delay or denial of my claim(s).

This consent may be revoked by me at any time by sending a written instruction.

I confirm that a photocopy or electronic copy of this authorization shall be as valid as the original.

Patient's Signature _____ Date _____

Part 2: Attending Physician's Statement

1. **Diagnosis** (please provide copies of all relevant clinical notes, test results and consultation reports on file)

Primary: _____

Secondary: _____

Date symptoms first appeared Year _____ Month _____ Day _____

Date of first visit Year _____ Month _____ Day _____

Date patient's condition first prevented them from working: Year _____ Month _____ Day _____

Date of latest visit: Year _____ Month _____ Day _____

Frequency of visits: Weekly Monthly Other _____

Date of hospital inpatient admission: Year _____ Month _____ Day _____

Date of discharge: Year _____ Month _____ Day _____

Date of hospital outpatient admission: Year _____ Month _____ Day _____

Name of hospital: _____

Subjective symptoms (including severity/frequency/duration): _____

2. **Findings**

Chest pain of cardiac origin Syncope Fatigue Dyspnea due to vascular congestion or hypoxia

Psychophysilogic Other (please specify): _____

BP readings over last 6 months (including dates) _____

Current height _____ Current weight _____ Weight loss/gain to date _____

Current status? Stable Improving Regressing

3. **Laboratory tests** (completed/scheduled) - please include copies of relevant test results.

EKG Year _____ Month _____ Day _____
 Echocardiogram Year _____ Month _____ Day _____
 Stress Thallium Test Year _____ Month _____ Day _____
 Pulmonary Function Test Year _____ Month _____ Day _____
 Blood Test Year _____ Month _____ Day _____
 X-rays Year _____ Month _____ Day _____
 Angiogram Year _____ Month _____ Day _____

4. **Treatment**

Medications (dose / frequency / date prescribed): _____

Other treatment (please describe): _____

Surgery date (past): Year _____ Month _____ Day _____ Type: _____

Surgery date (future): Year _____ Month _____ Day _____ Type: _____

Other treating physicians: _____

Is patient compliant with prescribed treatment? Yes No If No, please explain: _____

Has your patient been enrolled in a cardiac rehab program? Yes No

If yes, provide details: _____

5. **Restrictions and limitations**

Functional capacity: (Canadian Cardio-Vascular Society (CCS))

Level 1 (no limitation) Level 2 (mild impairment) Level 3 (moderate impairment) Level 4 (severe impairment)

	Weight	Frequency	Duration	What specific restrictions or limitations prevent the patient from performing the duties of his/her occupation?
Lifting/Carrying	1-10 lbs (0.5-4.5 kg) 11-20 lbs (5.0-9.1 kg) 21-50 lbs (9.5-22.7 kg)			
Pushing/Pulling	1-10 lbs (0.5-4.5 kg) 11-20 lbs (5.0-9.1 kg) 21-50 lbs (9.5-22.7 kg)			How does this affect the patient's ability to perform activities of daily living?
Standing	_____ hours			
Walking	_____ blocks			
Driver's license revoked?	<input type="checkbox"/> Yes <input type="checkbox"/> No			

6. **Return to work plans:**

Prognosis for recovery: _____

Expected date patient will return to their own occupation: Year _____ Month _____ Day _____

If unknown, please indicate the next follow up date: Year _____ Month _____ Day _____

If your patient is unable to return to their regular occupation, please specify when and under what circumstances they could return to work (eg. modified duties, gradual return to work) _____

Assessment and treatment are complicated by: (please select and explain in the space provided below)

- Significant emotional or behavioral disorder such as depression, anxiety, etc.
- Exaggeration, inconsistent findings, subjective complaints out of proportion to objective findings, bizarre or contradictory observations
- Work-related issues (please describe if known) _____
- Substance abuse _____
- Other (please describe) _____

Rehabilitation:

Is patient a suitable candidate for medical rehabilitation services (ie. cardiopulmonary program, speech therapy, etc.)?

Yes No

Is patient a suitable candidate for vocational rehabilitation? Yes No

If yes to either of the above, please specify: _____

7. Comments

Is there any other information you wish to add that will give us a better understanding of your patient's condition or treatment requirements?

Name of Physician (please print) _____

Specialty _____

Telephone: _____ Fax: _____

Email Address: _____

Address (number, street, city, province & postal code):

Physician's signature _____ Date _____



Attending Physician's Statement

Section A	Plan Member/Employee Information and Consent TO BE COMPLETED BY THE PATIENT		
Plan Member/Employee Name (Last, First, Middle Initial) <input type="checkbox"/> Male <input type="checkbox"/> Female		Home Phone # (+ Area Code)	Cell Phone # (+ Area Code)
Address (Street, City, Province, Postal Code)			
Employer's Name	Group Plan Number	GWL Employee Identification Number	Date of Birth (dd/mm/yyyy)
Date Last Worked (dd/mm/yyyy) _____	Date Returned to Work or Expected Return to Work Date, if known (dd/mm/yyyy) _____		Please provide your: Height: _____ Weight: _____
<p>I authorize my healthcare or rehabilitation provider to disclose my personal information, including my medical and health information and including consultation reports, to Great-West Life for the purpose of investigating and assessing my claim(s), administering coverage(s) that I may have with Great-West Life and administering the group benefits plan.</p> <p>I acknowledge that the personal information is needed by Great-West Life for the purposes stated above. I acknowledge that my consent enables Great-West Life to process my claim(s) and refusing to consent may result in delay or denial of my claim(s). This consent may be revoked by me at any time by sending a written instruction.</p> <p>I understand that I am responsible for any fees related to the completion of this form.</p> <p>I confirm that a photocopy or electronic copy of this authorization shall be as valid as the original.</p>			
Plan Member/Employee Signature _____		Date of Consent (dd/mm/yyyy) _____	
Section B	Attending Physician's Questionnaire TO BE COMPLETED BY THE DOCTOR		
I am the: Attending Physician <input type="checkbox"/> Consulting Specialist <input type="checkbox"/> Other <input type="checkbox"/> (please specify) _____			
PLEASE COMPLETE TO THE BEST OF YOUR KNOWLEDGE			
1. Diagnosis			
Primary: _____			
Secondary: _____			
Is this condition related to: Occupational Illness/injury <input type="checkbox"/> Auto accident <input type="checkbox"/> If so, date of event: (dd/mm/yyyy) _____			
Details: _____			
Date of first visit to you pertaining to this condition (dd/mm/yyyy) _____		First date of work absence due to this condition: (dd/mm/yyyy) _____	
Has the patient been treated for this same or similar condition in the past? Yes <input type="checkbox"/> No <input type="checkbox"/>			
If yes, date: (dd/mm/yyyy) _____ By whom: _____			
Have you completed any other disability claim forms recently for this patient? Yes <input type="checkbox"/> No <input type="checkbox"/>			
If yes, please indicate requestor: (other insurance company, CPP, QPP, Workers Compensation Board, etc.) _____			

2. Patient's Description of Symptoms

Please describe the patient's current symptoms including frequency and severity: _____

3. Your Clinical Findings and Observations

Please describe how the condition has impacted the following and to what degree:

	No impact	Mild	Moderate	Severe
Appearance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Memory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Energy / Vigour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Behaviour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision Making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Socialization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concentration / Focus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speech	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Affect / Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insight / Judgment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-Criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Observations or comments supporting the above: _____

4. Complicating Factors

Please indicate all factors that may have contributed to the clinical problem(s) and may complicate the patient's recovery period:

- Workplace Issues Social / Family Issues Financial / Legal Problems
 Physical Condition Alcohol / Drug Abuse Medication Side Effects
 Pain Perception Coping Skills Personality / Motivation Other

Please describe:

Please describe the supports in place, or planned, to assist with these issues:

5. Investigations

Please attach copies of all relevant:

- test results/investigations (if test results are not attached, we will interpret this as tests were not performed)
- consultation reports

Are tests / investigations / consultations pending? Yes No Date report expected: (dd/mm/yyyy) _____

Does the patient have an appointment booked with an specialist(s) in the near future? Yes No

Name of Specialist _____ Specialty _____ Date of Appointment: (dd/mm/yyyy) _____

1. _____

2. _____

Reason for requesting the consultation: _____

Has any license held by the patient been restricted or revoked as a result of this condition? Yes No Don't know

If yes, as of when? (dd/mm/yyyy) _____ Type of licence: _____

6. Medications (please attach separate list if insufficient space)

Medication Name	Initial dosage and date started (dd/mm/yyyy)	Current dosage and date changed if applicable (dd/mm/yyyy)	Response

7. Hospitalization

Is/was the patient hospitalized? Yes No Is future hospitalization anticipated? Yes No

Date admitted (dd/mm/yyyy) _____ Date discharged (dd/mm/yyyy) _____ Institution Name _____

1. _____

2. _____

8. Treatment Details - Psychological (e.g.: cognitive behavioural, drug/alcohol, group, family, marital, Day Hospital program)

Type of therapy	Name of provider or facility	Date treatment began (dd/mm/yyyy)	Frequency of visits	Date of last visit (dd/mm/yyyy)	Response
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		

9. Treatment Details - Concurrent Physiological Disorders, if known (e.g.: physiotherapy, chiropractic, other rehabilitation therapy)

Type of therapy	Name of provider or facility	Date treatment began (dd/mm/yyyy)	Frequency of visits	Date of last visit (dd/mm/yyyy)	Response
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		
			Wkly <input type="checkbox"/> Mthly <input type="checkbox"/> Other <input type="checkbox"/>		

10. Overall Response to Treatment

Please describe the response to treatment to date: Complete Partial None Too soon to tell

Is the patient following the recommended treatment program? Yes No

Please explain: _____

Are there any plans to change or augment the current treatment program? Yes No

If so, please explain: _____

11. Prognosis and Recovery

What return-to-work goals have been discussed with the patient? Please explain: _____

Please provide the patient's prognosis for improvement: _____

Please provide any other information that will help us understand the patient's current condition recovery goals and prognosis:

Notice to Physician

The information in this statement will be kept in a life, health, or disability benefits file with the insurer or plan administrator and might be accessible by the patient or third parties to whom access has been granted or those authorized by law.

Attending Physician (please print)	Physician's Specialty	Date Signed (dd/mm/yyyy)
Address		Telephone # (+ Area Code)
Email Address		Fax # (+ Area Code)
Signature or Stamp		

TO ALLOW US TO MAKE AN ASSESSMENT OF YOUR PATIENT'S CLAIM, PLEASE ANSWER **ALL** OF THE QUESTIONS IN **FULL**.

Instructions:

1. Please **PRINT**.
2. Part 1 to be completed by patient.
3. Part 2 to be completed by physician.
4. Any charge for completion of this form is the patient's responsibility.

PLAN NO. _____

Part 1: Patient Authorization

Name (please print): _____ Date of birth: Year _____ Month _____ Day _____

Address: Street & Number _____

City _____ Province _____ Postal Code _____

Telephone Number (including area code): (_____) _____

I authorize my healthcare or rehabilitation provider to disclose my personal information, including my medical and health information and including consultation reports, to Great-West Life for the purpose of investigating and assessing my claim(s), administering coverage(s) that I may have with Great-West Life and administering the group benefits plan.

I acknowledge that the personal information is needed by Great-West Life for the purposes stated above. I acknowledge that my consent enables Great-West Life to process my claim(s) and refusing to consent may result in delay or denial of my claim(s).

This consent may be revoked by me at any time by sending a written instruction.

I confirm that a photocopy or electronic copy of this authorization shall be as valid as the original.

Patient's Signature _____ Date _____

Part 2: Attending Physician's Statement

1. Diagnosis (please provide copies of all relevant clinical notes, test results and consultation reports)

Primary: _____

Secondary: _____

Date symptoms first appeared Year _____ Month _____ Day _____

Date patient's condition first prevented them from working Year _____ Month _____ Day _____

Date of first visit for treatment or consultation Year _____ Month _____ Day _____

Has patient ever had the same or a similar condition? Yes No Unknown

If yes, state when and describe: _____

Is condition a result of an injury due to an accident? Yes No

If yes, please describe. _____

Current height _____ Current weight _____ Weight loss / gain to date _____

Is condition due to injury or sickness arising out of patient's employment? Yes No Unknown

If yes, have Workers' Compensation Board/CSST forms been completed? Yes No

Date of latest visit: Year _____ Month _____ Day _____

Frequency of visits: Weekly Monthly Other _____

Date of hospital inpatient admission: Year _____ Month _____ Day _____

Date of discharge: Year _____ Month _____ Day _____

Date of hospital outpatient admission: Year _____ Month _____ Day _____

Name of hospital: _____

Other treating physicians: _____

Pending referrals to specialists: _____

2. Please outline all objective studies performed / scheduled (X-rays, laboratory data, C.T. scans, etc.) and **attach copies of each report.**

Date	Procedure	Results

3. Please indicate the nature and severity of the patient's symptoms and signs.

	Please specify location(s) and physical findings	Severe	Moderate	Mild	Absent
Pain		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deformity		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muscle Spasm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muscle Atrophy		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Tendon Reflexes		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sensory Change		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motor Deficit		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Straight Leg Raising Limitation		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Range of Motion Limitation		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (specify)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If Arthritic Condition: In Remission Continuously Active Stable
 Seasonally Active Intermittently Active Progressive

If Fracture: Closed Depressed Open Compressed Comminuted

4. **Treatment**

Medications (dose / frequency / date prescribed): _____

Physiotherapy (type, frequency, dates): _____

Surgery date (past): Year _____ Month _____ Day _____ Type: _____

Surgery date (future): Year _____ Month _____ Day _____ Type: _____

Other treatment: _____

Is patient compliant with prescribed measures? Yes No If No, please explain: _____

5. **Limitations and Restrictions**

		Hours at one time					Total hours during day				
		<1	1-2	2-4	4-6	6-8	<1	1-2	2-4	4-6	6-8
Stand	<input type="checkbox"/> No restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk	<input type="checkbox"/> No restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk on uneven surfaces	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sit	<input type="checkbox"/> No restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drive	<input type="checkbox"/> No restriction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This patient can lift/carry a maximum of:	kgs	0	5	9	14	18	23	27	32	36	41+
	lbs	0	10	20	30	40	50	60	70	80	90+
<input type="checkbox"/> No restriction	<input type="checkbox"/> Repetitively - how much?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Occasionally - how much?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please indicate in the space provided if this patient is able to perform the following actions:

(Frequently (F), Occasionally (O) or Not at all (N):)

Drive ____ Bend ____ Squat ____ Kneel ____ Climb ____ Reach (above shoulders) ____ Reach (below shoulders) ____

6. Prognosis / Return to work plans:

Prognosis for recovery: _____

Expected date patient will return to their own occupation: Year _____ Month _____ Day _____

If unknown, please indicate the next follow up date: Year _____ Month _____ Day _____

If your patient is unable to return to their regular occupation, please specify when and under what circumstances they could return to work (eg. modified duties, gradual return to work). _____

Assessment and treatment are complicated by: (please select and explain in the space provided below)

- Significant emotional or behavioral disorder such as depression, anxiety, etc.
- Exaggeration, inconsistent findings, subjective complaints out of proportion to objective findings, bizarre or contradictory observations
- Work-related issues (please describe if known) _____
- Substance abuse _____
- Other (please describe) _____

Rehabilitation:

Is patient a suitable candidate for medical rehabilitation services? Yes No

Is patient a suitable candidate for vocational rehabilitation? Yes No

If yes to either of the above, please specify: _____

7. Comments

Is there any other information you wish to add that will give us a better understanding of your patient's condition or treatment requirements?

Name of Physician (please print) _____

Specialty _____

Telephone: _____ Fax: _____

Email Address: _____

Address (number, street, city, province & postal code):

Physician's signature _____ Date _____

The patient is responsible for any fees related to the completion of this form.



Attending Physician's Statement - Long Term Disability Claim

Section 1	Plan Member/Employee Information and Consent TO BE COMPLETED BY THE PATIENT																				
Plan Member/Employee Name (Last, First, Middle Initial) <input type="checkbox"/> Male <input type="checkbox"/> Female		Home Phone # (+ Area Code)	Cell Phone # (+ Area Code)																		
Address (Street, City, Province, Postal Code)																					
Employer's Name	Group Plan Number	GWL Employee Identification Number	Date of Birth (dd/mm/yyyy)																		
Date Last Worked (dd/mm/yyyy)		Date Returned to Work or Expected Return to Work Date (dd/mm/yyyy)																			
Please list your present medications: <table style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="width:35%;">Name of Medication</th> <th style="width:20%;">Dosage (mg)</th> <th style="width:20%;">How Often?</th> </tr> </thead> <tbody> <tr><td>1. _____</td><td>_____</td><td>_____</td></tr> <tr><td>2. _____</td><td>_____</td><td>_____</td></tr> <tr><td>3. _____</td><td>_____</td><td>_____</td></tr> <tr><td>4. _____</td><td>_____</td><td>_____</td></tr> <tr><td>5. _____</td><td>_____</td><td>_____</td></tr> </tbody> </table>			Name of Medication	Dosage (mg)	How Often?	1. _____	_____	_____	2. _____	_____	_____	3. _____	_____	_____	4. _____	_____	_____	5. _____	_____	_____	Please provide your: Height: _____ Weight: _____ Dominant Hand: Left <input type="checkbox"/> Right <input type="checkbox"/>
Name of Medication	Dosage (mg)	How Often?																			
1. _____	_____	_____																			
2. _____	_____	_____																			
3. _____	_____	_____																			
4. _____	_____	_____																			
5. _____	_____	_____																			
I authorize my healthcare or rehabilitation provider to disclose my personal information, including my medical and health information and including consultation reports, to Great-West Life for the purpose of investigating and assessing my claim(s), administering coverage(s) that I may have with Great-West Life and administering the group benefits plan. I acknowledge that the personal information is needed by Great-West Life for the purposes stated above. I acknowledge that my consent enables Great-West Life to process my claim(s) and refusing to consent may result in delay or denial of my claim(s). This consent may be revoked by me at any time by sending a written instruction. I confirm that a photocopy or electronic copy of this authorization shall be as valid as the original.																					
Plan Member/Employee Signature _____		Date of Consent (dd/mm/yyyy) _____																			
Section 2	Attending Physician's Statement TO BE COMPLETED BY THE DOCTOR																				
I am the: Family Physician <input type="checkbox"/> Consulting Specialist <input type="checkbox"/> Other <input type="checkbox"/> (please specify) _____ PLEASE COMPLETE TO THE BEST OF YOUR KNOWLEDGE																					
Diagnosis																					
Primary: _____																					
Secondary and/or Complications: _____																					
If Childbirth - Expected or Actual Delivery Date (dd/mm/yyyy) _____																					

Is this condition due to: Occupational Illness/injury Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, date of event: (dd/mm/yyyy) _____	Auto Accident Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, date of event: (dd/mm/yyyy) _____												
Have you completed any other disability claim forms recently for this patient? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please indicate requestor: (other insurance company, CPP, QPP, Workers Compensation Board, etc.) _____													
Date of first visit to you pertaining to this condition: (dd/mm/yyyy) _____	First date of work absence due to condition: (dd/mm/yyyy) _____												
Treatment													
e.g. Special Programs, Therapies, Medications: (if not noted by patient in Section 1) _____ _____ _____													
Frequency of Visits: Weekly <input type="checkbox"/> Monthly <input type="checkbox"/> Other <input type="checkbox"/> (describe) _____ Date of last visit: (dd/mm/yyyy) _____													
Has the patient been treated for this same or similar condition in the past? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, date: (dd/mm/yyyy) _____ Treatment provider: _____													
Is the patient following the recommended treatment program? Yes <input type="checkbox"/> No <input type="checkbox"/> Please elaborate: _____													
Response to Treatment													
Please describe the response to treatment to date: Complete <input type="checkbox"/> Partial <input type="checkbox"/> None <input type="checkbox"/> Too soon to tell <input type="checkbox"/> Are there any plans to change or augment the current treatment program? Yes <input type="checkbox"/> No <input type="checkbox"/> If so, please explain: _____													
Hospitalization													
Is/was the patient hospitalized? Yes <input type="checkbox"/> No <input type="checkbox"/> Is future hospitalization planned? Yes <input type="checkbox"/> No <input type="checkbox"/> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%; text-align: center;">Date of admittance (dd/mm/yyyy)</th> <th style="width: 33%; text-align: center;">Date of discharge (dd/mm/yyyy)</th> <th style="width: 33%; text-align: center;">Institution Name</th> </tr> </thead> <tbody> <tr> <td>1. _____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>2. _____</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>3. _____</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table>		Date of admittance (dd/mm/yyyy)	Date of discharge (dd/mm/yyyy)	Institution Name	1. _____	_____	_____	2. _____	_____	_____	3. _____	_____	_____
Date of admittance (dd/mm/yyyy)	Date of discharge (dd/mm/yyyy)	Institution Name											
1. _____	_____	_____											
2. _____	_____	_____											
3. _____	_____	_____											
If surgery was/will be performed, please provide date(s) and description of surgery(s): <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%; text-align: center;">Date (dd/mm/yyyy)</th> <th style="width: 66%; text-align: center;">Description</th> </tr> </thead> <tbody> <tr> <td>1. _____</td> <td>_____</td> </tr> <tr> <td>2. _____</td> <td>_____</td> </tr> </tbody> </table>		Date (dd/mm/yyyy)	Description	1. _____	_____	2. _____	_____						
Date (dd/mm/yyyy)	Description												
1. _____	_____												
2. _____	_____												

Has any licence held by the patient been restricted or revoked as a result of this condition? Yes No
 If yes, as of when? (dd/mm/yyyy) _____ Type of licence: _____

Are there other non-medical factors that may impact the patient's expected recovery period and return-to-work goals?
 Yes No Please elaborate:

Prognosis

Please provide the patient's prognosis for improvement and/or recovery:

Return-to-Work

What return-to-work goals have been discussed with the patient? Please elaborate:

Notice to Physician:
 The information in this statement will be kept in a life, health, or disability benefits file with the insurer or plan administrator and might be accessible by the patient or third parties to whom access has been granted or those authorized by law. By providing the information I consent to such unedited release of any information contained herein.

Attending Physician (please print)	Certified Specialty	Physician's Stamp
Address (Street, City, Province, Postal Code)		
Telephone # (+ Area Code)	Fax # (+ Area Code)	
Email Address		
Signature	Date Signed (dd/mm/yyyy)	